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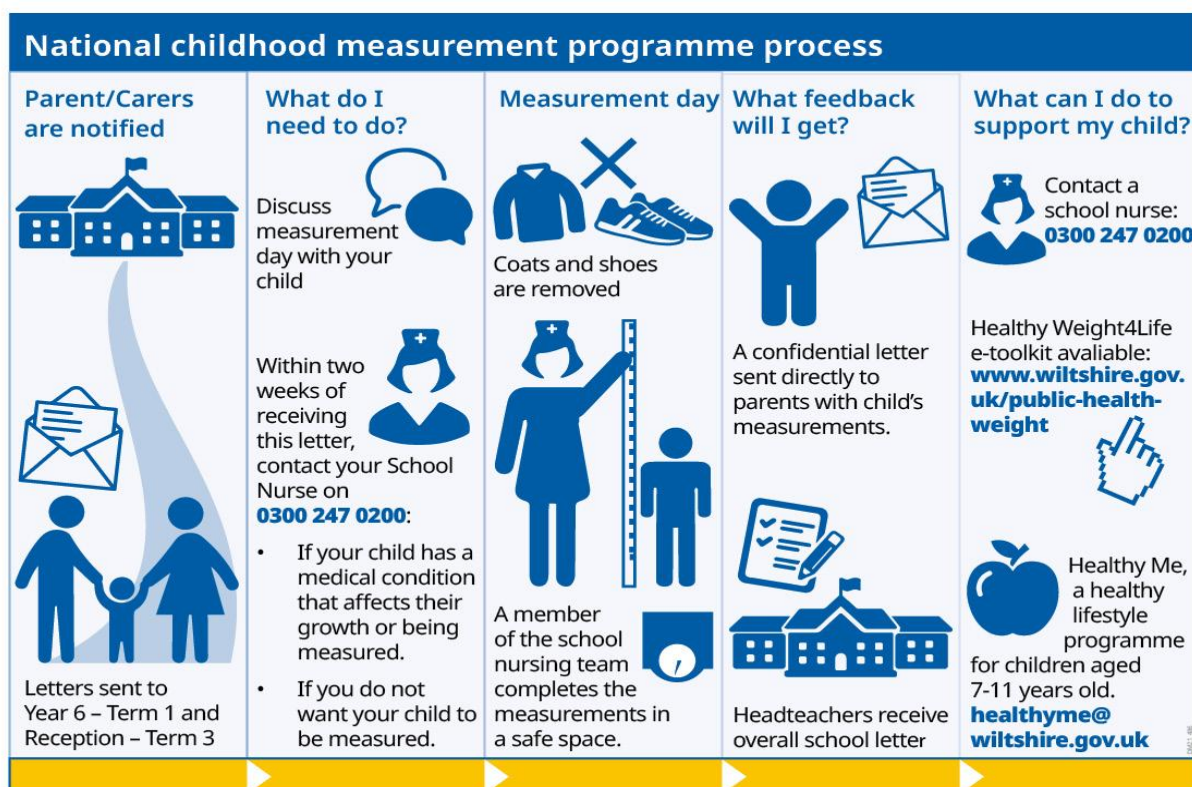
September 2026

Dear Parent or Carer,

Height and weight checks for children in Reception and Year 6

Every year in England, children in Reception and Year 6 have their height and weight checked at school as part of the National Child Measurement Programme (NCMP).

Your child's class will take part in this year's programme.



Why is NCMP important?

The data gained from NCMP, helps schools, health services and local authorities better plan for programmes, services, and resources to support families' physical and emotional health and wellbeing where it is needed most.

You can watch the [NCMP process animation](#). The animation explains the process of the NCMP and why it is important.

If you would like any additional information, advice or support to help your child and family stay healthy and well, you may find the resources and services below helpful.

- [Healthy weight 4 life toolkit - Wiltshire Council](#)
- [Better Health Healthier Families- Fun ideas to help children stay healthy](#)
- [Healthy Steps Quiz to support eating](#)
- [Contact the School Aged Health service for support and advice on 0300 247 0200 or download the 'Growing Well Wiltshire' App](#)

App Store:



Google Play:



What information is collected and why

Your child's height, weight, age, sex, and date of birth are collected to calculate their weight category (also known as child body mass index).

Your child's ethnicity and address are collected to monitor differences in child growth and weight between ethnic groups, where children live and their backgrounds.

Your child's name, date of birth and NHS number are collected to link their measurements from reception and year 6 to other information from health and education records held by NHS England, the Department of Health and Social Care and the Department for Education, where it is legal to do so.

Information about how personal information and data is collected and stored

You can read more about how the Department of Health and Social Care collects, stores and uses your child's information and data in the [National Child Measurement Programme privacy notice](#).

You can read more about how NHS England collects, stores and uses your child's information and data at [National Child Measurement Programme \(NCMP\): GDPR information](#).

At the [NHS England National Child Measurement Programme webpage](#) you can read more about:

- taking part in the programme
- how your data is collected
- how your data is used

You can read more about how Wiltshire Council and HCRG Care Group collects, stores and uses your child's information at:

- [HCRG Care Group- Wiltshire's Children's Community Services](#)
- [Wiltshire Children's Community Services Local Privacy Policy- NCMP](#)

If you have any concerns about how data is processed for NCMP in Wiltshire please contact the Wiltshire Council Public Health team at publichealth@wiltshire.gov.uk and add 'NCMP' to the subject line.

If you do not want your child to be measured:

Please contact the school aged health service within two weeks of receipt of this letter on 0300 247 0200 stating your child's details, school name and that you would like to opt out of them being measured.

Yours faithfully,



Kate Blackburn
Director of Public
Health,
Wiltshire Council



Kathryn Davis
Director of Education
and Skills
Wiltshire Council



Val Scrase
Regional Director
BSW
Children's Community Services
HCRG Care Group