

June 2026

Dear Parents and Carers

Year 3 Sleepover – Friday 3rd July from 5pm

We are very excited to offer all children in Year 3 the opportunity to take part in a school sleepover. This event is aimed at encouraging the children's confidence to stay away from home, have a new experience and enjoy themselves!

Please bring your child into school between **5.00 - 5.30pm** on Friday 3rd July. We are asking that children arrive with us having already eaten their dinner at home. There will be several opportunities for snacks throughout the evening if your child is still hungry after their dinner.

Please leave any smart watches/ mobile phones or gaming equipment and devices at home as your child will not be able to use them on the evening and they will be immediately taken away for safe keeping if found.

On arrival from 5pm, we will show your child where they will be sleeping and give them a chance to set up their bedding. There will then be a selection of sports and craft activities to join into. Later in the evening, we will have hot chocolate before a short movie and story. Our activities will take place outside (weather permitting) and in the school hall. We will then use our hall to sleep in.

In the morning we will be providing breakfast and ask you to collect your child promptly at **8.00am**. Please ensure that the school has been informed of any allergies and medical needs. If your child needs an inhaler or any medication, please hand this over to staff on arrival in a named bag with any necessary information. Additionally, please ensure that we have the most recent contact details in case we need to get in touch with you during the event.

Kit list:

Please come to school wearing comfortable clothes suitable for outdoor play

Spare set of clothes for the evening

Coat

Pyjamas

Dressing gowns/Hoodies (optional)

Slippers (optional)

Clothes to wear for the morning including underwear

Sleeping bag or small duvet

Pillow

Sleeping mat

Toothbrush and toothpaste

Small towel

Teddy/comfort toy (optional)

To cover the costs of snacks, activities and breakfast, we are asking for a contribution of **£3 per child**. Please make this payable through Parent Pay by Friday 26th June or by cash or cheque in a sealed, named envelope to the school office.

Please can you complete this form ASAP and by Friday 26th June to confirm if your child will be attending <https://forms.office.com/e/4wwST4H0u7>

At the end of this note is a Q&A where we have tried to answer any questions you may have. Once you have read this and if you have any further questions, do get in touch.

We look forward to welcoming your child on Friday 3rd July!

Year 3 Team

Questions and Answers about the Year 3 sleepover

What type of mat shall I bring to sleep on?

We will be putting the school gym mats down. Please bring either a yoga style mat or an inflatable single mat to place on top. *If you do choose an inflatable mat it is very important that your parent helps to inflate this before they leave! We will not be able to inflate mats ourselves.*

What happens if I can't get to sleep?

We are going to have a very busy and fun evening, so you should be feeling very tired by bed time. There will be plenty of Noremarsh staff around to help you if you are still struggling.

Will I be able to go to the toilet in the night?

Yes, our usual Year 3 toilets will be available and we will make sure that there is enough light for you to get to them.

Where will the Noremarsh staff sleep?

We will be sleeping in the hall as well.

What happens if I wake up early in the morning?

We hope that you will stay in your bed as long as possible, but if you need to get up and it's not too early, we will ask you to be quiet and take part in a calm activity.

What will we have for breakfast?

Breakfast will be a buffet of pastries and fruit – plenty to choose from.

Can I bring any sweets?

We will be providing you with lots of treats, so no need to bring their own!

Can I bring my teddy?

Absolutely! Bring what you would usually have with you to get to sleep. Please don't bring anything too special though, as it would be a shame to lose it.

What if I feel homesick?

We are very keen to help you through this. It is very normal to miss home (even us adults feel the same!) but it will be such a great feeling to have achieved this sleepover. We will have all of the contact details for your parents if we feel that we need to get in touch with them.